

Nordik Spa Village

“RNAO Region 10 x Nurses Week”

Contest Rules

1. The “RNAO Region 10 x Nurses Week” Contest is brought to you by Nordik Spa Village in Chelsea, Québec. The Contest runs in Canada from May 1, 2026, at 8 am to May 13, 2026, at 11:59 pm ET. The winner will be selected by Groupe Nordik’s webmaster, at or about 10 am on May 14, 2026, and will be announced during the RNAO’s event on May 15, 2026.

ELIGIBILITY

2. This Contest is open to residents of Canada who have reached the age of majority as of the first day of the Contest Period. Notwithstanding the preceding, the Contest is not open to individuals associated with the Contest, including the employees, agents and representatives of the Contest organizers (including their respective divisions, subsidiaries, affiliates and agencies), their advertising and promotional agencies, suppliers of prizes, materials and services related to this Contest or any other party directly linked to the holding of this Contest. This Contest is also not open to the immediate family members of the excluded individuals. For the purpose of these Contest Rules, “immediate family” includes father, mother, brothers, sisters, children, legal or common-law spouse and individuals with whom such employees, agents and representatives reside with.

HOW TO ENTER

3. Participate by filling the form received via email from RNAO - Region 10. No purchase necessary. To enter, you must comply with the eligibility criteria set out in these Contest Rules within the Contest Period and complete the questionnaire attached to the newsletter email you have received. By submitting your entry, you acknowledge having read the official Contest Rules and agree to comply with them. The Contest will be activated on May 1, 2026.
4. The Contestants must respect the specifications and accept to abide by the Contest Rules.
5. The Contestant can only participate once. Anyone who uses a robotic, automatic, mechanical, electronic or other method of duplication that is not authorized under these rules, will be considered to have attempted to forge or manipulate, which will automatically result in the cancellation of his or her entry, vote or any other result of such participation.
6. All entries must be received during the Contest Period.

PRIZE DESCRIPTION

7. There is one (1) prize available to be won by one (1) winner:

The prize is of an approximative value of \$628 CAD which includes:

- o 4 x Spa Village access and Kalla access

Prizes validity is as indicated on the gift certificate and subject to availability at Nordik Spa Village.

8. All expenses other than those specifically mentioned as included above shall be assumed by the winner. The prizes are not redeemable for cash or exchangeable.

WINNER SELECTION

9. A random draw will be held after the Contest closes on May 14, 2026, at or around 10 am, at the Groupe Nordik head office at 75 boulevard de la Technologie, Gatineau, QC, by Webmaster. The draw will be conducted among all eligible entries received during the holding of the Contest. The potential winners will be contacted by telephone and e-mail at the number or information indicated on the entry form or used to participate and must claim their prize according to Nordik Spa Village's instructions within 48 hours. If a potential winner cannot be reached within this period, rejects the prize or is declared ineligible, the prize will be automatically cancelled and Nordik Spa Village may, in its sole discretion, designate another potential winner. The odds of winning depend on the number of eligible entries received.

HOW TO CLAIM A PRIZE

10. In order to be declared a winner, all selected persons must:
 - a. Be joined by the Contest organizers at the time following the random selection; and
 - b. Claim the prize at Nordik Spa Village (16 chemin Nordik, Chelsea (QC), at the time indicated by the contest organizers on the closing of the Contest, or confirm that they want to receive the prize by e-mail within 48 hours.

Failure to comply with one of the conditions mentioned in the paragraph above or any other condition provided in these Contest Rules will result in the participation of the selected entrant being cancelled and, if time permits, a new selection for this prize will be made in accordance with this by-law until a participant is selected and declared a winner, without affecting the order of allocation of the other prizes.

GENERAL CONDITIONS

11. Verification | Entries are subject to verification by the Contest Organizers. Any Entry which is incomplete, incomprehensible, fraudulent, altered, contains false information or is not received within the Contest Period, or otherwise does not conform to these Contest Rules will automatically be rendered invalid and will not entitle such entrant to be eligible for a prize.
12. Disqualification | The Contest Organizers reserve the right to disqualify any person or cancel one or more entries of any person participating in this Contest or trying to participate by means contrary to these Contest Rules or in a manner which is unfair to other entrants (e.g.: use of entries exceeding the limit allowed, computer hacking, etc.). Any attempt to tamper with the entry process, interfere with these Contest Rules, deliberately damage any website or undermine the administration, security or legitimate operation of the Contest, is a violation of criminal and civil laws and the Contest Organizers reserve the right to seek damages and/or other relief from all persons responsible for such acts to the fullest extent permitted by law, which may include banning or disqualifying entrants from this and future Contests. Such a person may be referred to the appropriate judicial authorities.
13. Non-compliance/eligibility | If a potential or declared winner is not in compliance with these Contest Rules, the Contest Organizers reserve the right to disqualify such entrant from the Contest and randomly select further entrants from the remaining eligible entries until a winner is finally declared. Any potential or declared winner, who is not in compliance with these Contest Rules, must so inform the Contest Organizers immediately upon being contacted by the Contest Organizers.
14. Acceptance of prize | Prizes must be accepted as described in these Contest Rules and may not be transferred to another person, substituted for another prize, or exchanged in full or in part for cash, subject to the section below.
15. Substitution of prize | In the event it is impossible, difficult and/or more costly for the Contest Organizers to award a prize (or part of a prize) as described in these Contest Rules, the Contest Organizers reserve the right to award a prize (or part of a prize) of similar nature and equivalent value or, at their sole discretion, the value of the prize (or of the part of the prize) in cash.
16. Refusal of a prize | The refusal by a potential or declared winner to accept any prize awarded in accordance with the Contest Rules, releases and forever discharges the Contest Organizers and their agents of all obligations related to the prize, including delivery.
17. Liability limit—use of prize and destruction of property | Each entrant and any potential or declared winner releases the Contest Organizers, their subsidiaries, respective divisions, their parent corporations, their advertising and promotional agencies, their shareholders, officers, directors, employees, agents and representatives from any and all liability for any and all damage, loss or liability suffered as a result of or arising from the entrant's participation in the Contest or the acceptance or use of his/her prize. In order to be declared a winner and prior to obtaining his/her prize, any potential or declared winner

agrees to sign a declaration to such effect in the Release Form. The guest of a winner will also have to sign such a declaration to that effect in the Release Form, failing which they will not be able to take part in the vacation.

18. Website access | The beneficiaries do not guarantee access to or non-interruption of the website during the Contest Period or that it will be exempt from any errors.
19. Modification | The Contest Organizers reserve the right, at their sole discretion, to cancel, terminate, modify or suspend this Contest, in whole or in part, in the case of the occurrence of an event, an error or any human intervention that could corrupt or affect the administration, safety, impartiality or the running of the Contest as provided in these Contest Rules.
20. Premature end of the Contest | In the event that the computer system was unable to register all Contest entries for the duration of the Contest for any reason whatsoever, or if the participation in the Contest was to end in full or in before the end date provided for in these rules, the Contest Organizers will randomly select from the entries duly registered during the Contest Period or, if applicable, until the date of the event that ended the Contest.
21. Price limit | In any case, the beneficiaries, the suppliers of products or services related to this Contest cannot be held to award more prizes than those indicated in the present regulations or to award prizes other than in accordance with this regulation.
22. Impossibility to act—labour dispute | The beneficiaries shall not be responsible for any damages for a failure to operate the Contest in accordance with these Contest Rules in any case where their incapacity to act results from circumstances or a situation beyond their reasonable control or because of a strike, lockout or any other labour dispute in their company or those of businesses which services are used for holding this Contest, war, riot, insurrection, earthquake, terrorism, civil commotion, fire, flood, accident, storm or any other act of nature.
23. Liability limit—participation | Any person who participates or tries to participate in this Contest releases the beneficiaries from any and all liability for damages which he/she could suffer from participating or trying to participate in this Contest.
24. List of winners | A list of winners will be available on demand.
25. Property of entries | Entries are the sole property of the Contest Organizers and at no time will be returned to entrants.
26. Communication with entrants | No communication (other than those related to Contest participation) or correspondence will be exchanged with entrants that have not indicated that they wish to subscribe to Nordik Spa-Nature's newsletter.
27. Personal information | Contestant personal information that is collected in this Contest will be used solely by the Contest Organizers, and their representatives for the administration of the Contest. There will be no communication of commercial or of any other nature, unrelated to this Contest sent to an entrant

unless such entrant gives specific authorization to the Contest Organizers for that specific purpose.

28. Decisions of the Contest organizers | Any decision of the Contest organizers or their representatives regarding this Contest is final and irrevocable.
29. Identification of the Contestant | For the purposes of these Contest Rules, the entrant is the person whose personal information is on the Entry.
30. Authorization | Winners authorize the Contest organizers to use their name, place of residence, photograph, likeness, voice, description of their prize and any statement regarding the Contest for promotional purposes, without any form of compensation or payment.
31. Unenforceability | If a section of these Contest Rules is declared or ruled by a Court of Law as illegal, unenforceable or void, that section will be deemed void, but all other sections not affected will be enforced as allowed by Law.
32. Jurisdiction | This Contest is subject to all applicable federal, provincial and municipal laws.

April 27, 2026

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Nordik Spa Village Chelsea Inc.